

PREPPING FOR YOUR FIRST VISIT

GATHER YOUR DATA

1

Before visiting the home, familiarize yourself with essential details about the case.

Tip: If anything is unclear, reach out to the referring party to gather any missing or additional information. Don't hesitate to ask questions!



PREP YOUR MATERIALS

2

Before heading out, make sure you have all the necessary materials:

- Assessment forms (e.g., intake, consent forms)
- Tools or therapeutic materials for your session
- Notetaking materials for documenting observations and interactions



DEVELOP A PERSONAL SAFETY PLAN

3

It's important to ensure your own safety before conducting in-home visits. Consider the following:

- Share your location or schedule with a supervisor or colleague
- Ensure that your phone is charged and accessible
- Be aware of exits and safety routes in case of emergencies



MAKE CONTACT WITH THE CLIENT

4

Once you've gathered the necessary data, it's time to reach out to the client or their guardian to schedule the first session. During this conversation, be sure to ask:

- Are there any safety concerns you should be aware of (e.g., pets, weapons, suspected abuse)?
- Are there any logistical issues (e.g., parking accommodations)?

