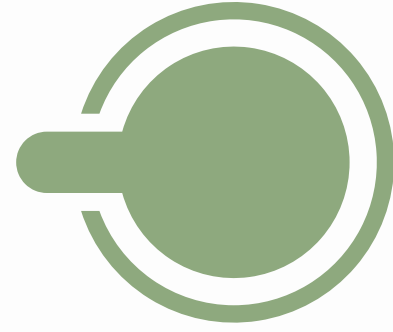


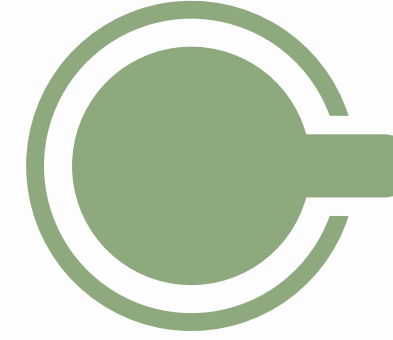
Embrace authenticity and empathy

Be yourself and show you genuinely care about your clients and their wellbeing.



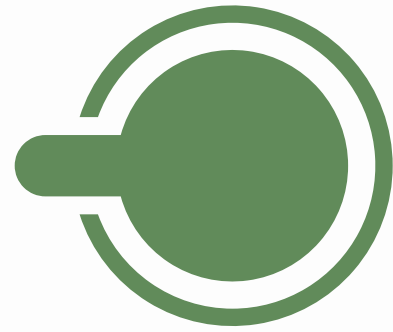
Connect Through Shared Experiences

Find common ground to build understanding and rapport, making clients feel like they're not alone.



Collaborate on Realistic Goals

Work with clients to set meaningful, achievable goals that feel both hopeful and attainable.

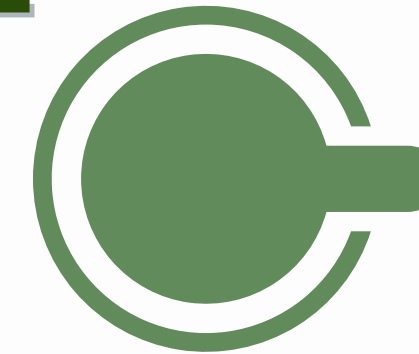


SKILLS FOR EFFECTIVE RAPPORT BUILDING



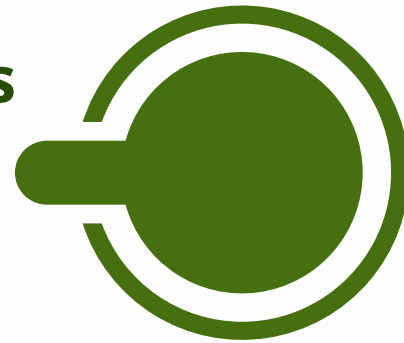
Repair Ruptures in Rapport

Gently acknowledge conflict and work together to rebuild trust and openness.



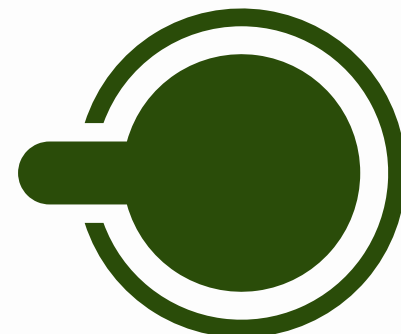
Establish Healthy Boundaries

Create a safe and respectful space where both you and your clients feel comfortable and valued.



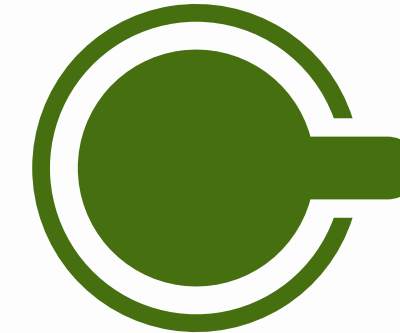
Be Dependable and Consistent

Show up for your clients consistently, so they can trust that you're there for them.



Practice Active Listening

Truly listen with empathy and without judgment, making sure clients know their voices matter.



Provide Quality Care

Offer compassionate, competent, and quality care that meets the unique needs of each client..

